



March 2024

Cambridge Public Schools

Breakfast Menu



* Please notify the kitchen manager and Food Service office of any student allergies. Menu is subject to change*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Icon Key: No Dairy, or Dairy Free Optional Halal Ingredients Vegetarian Item Contains Pork				
4- Breakfast Week	5- Breakfast Week	6- Breakfast Week	7- Breakfast Week	8- Breakfast Week
Whole Grain Rich Zucchini Bread Loaf Slice	No School <i>Professional Development Day</i>	Breakfast Burrito with scrambled egg tomato salsa and shredded cheese	One Mighty Mill Cinnamon Raisin Bagel with Cream Cheese Served Warm	Very Berry Smoothie with Graham Crackers
11	12	13- Early Release Day	14	15
Whole Grain Rich Lemon Loaf Slice	Protein Power Pack Hard Boiled Egg Fresh Fruit Graham Crackers	Chef Choice Day	Warm Whole Grain Rich Pancakes	Peaches & Cream Smoothie with Graham Crackers
18	19	20	21	22
Whole Grain Rich Banana Bread Loaf Slice (nut free)	Egg and Cheese Sandwich on a Whole Grain Rich Croissant	Yogurt & Graham Crackers with Fresh Melon	Whole Grain Rich French Toast Sticks with Fruit Toppings	Tropi-Kale Smoothie w/ Graham Crackers
25	26	27	28	29
Intn'l Waffle Day! Whole Grain Rich Waffles with Fruit Toppings	Whole Grain Rich Zucchini Bread Loaf Slice	Freshly Baked Cheddar Cornbread Muffins with Hard Boiled Egg	One Mighty Mill Everything Bagel with Cream Cheese Served Warm	Good Friday No School

MENU NOTES

Celebrate **NATIONAL SCHOOL BREAKFAST WEEK** with us! We believe in starting the day off right-and that includes a nutritious breakfast for all students.

Students who eat school breakfast tend to have better attendance rates and fewer behavioral problems. Studies have also shown that students who eat breakfast are more likely to...

- Reach higher levels of achievement in reading and math
- Score higher on standardized tests
- Have better concentration and memory

Let us fuel student learning by having breakfast at school every morning!

Daily Breakfast Options

Fresh Fruit

Whole Grain Rich - Low Sugar Cereal
Yogurt Cups & Graham Crackers
Whole Grain Muffin Varieties
1% or Skim Milk, 100% Fruit Juice, or Water